

Serving Suggestions: Heat and serve for hot beef sandwiches, add to stews, over noodles or many other casseroles or meat pies.

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

Manufactured By: Eickman's Processing Co. Inc. P.O. Box 118 Seward, IL 60177

Eichman's CANNED Just heat and serve:



NET WEIGHT 14 OZ. (399g)

Nutrition Facts

Serving Size 4.67 oz. (132g) Servings Per Container 3

Amount Per Serving

Calories 290 Calories from Fat 180

	% Daily Value
Total Fat 8g□	31%
Saturated Fat 0g□	40%
Trans Fat 0g□	
Cholesterol 85mg□	28%
Sodium 480mg□	20%
Total Carbohydrate 0g	□ 0%
Dietary Fiber 0g□	0%
Sugars 0g	
Protein 26g	

Vitamin A □ 0%□ •□ Vitamin C □6% Calcium □ 0%□ •□ Iron□ 15%

Percent Daily Values are based on a 2,000 calorie diet



Serving Suggestions: Add to stews, soups, over noodles or many other casseroles or meat pies, etc.



Manufactured By: Eickman's Processing Co. Inc. P.O. Box 118 Seward, IL 60177



Nutrition Facts

Serving Size 3.5 oz. (99g) Servings Per Container 4

Amount Per Serving

 Calories 110
 Calories from Fat 25

 ** Daily Value**

 Total Fat 2.5g□
 4%

 Saturated Fat 0.5g□
 3%

 Cholesterol 70mg□
 23%

 Sodium 460mg□
 19%

 Total Carbohydrate 0g□
 5%

 Dietary Fiber less than 1g□
 0%

Protein 21g

Iron 6%

Not a significant source of trans fat, dietary fiber, sugars, vitamin A, vitamin C and calcium.

* Percent Daily Values are based on a 2,000 calorie diet.



Serving Suggestions: Heat and serve for hot pork sandwiches, add to stews, over noodles or many other casseroles or meat pies.

U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE

Manufactured By: Eickman's Processing Co. Inc. P.O. Box 118 Seward, IL 60177 Eichman's Just heat and serve



Nutrition Facts

Serving Size 3.5 oz. (99g) Servings Per Container 4

Amount Per Serving

 Calories 140
 Calories from Fat 60

 % Daily Value*

 Total Fat 6g□
 9%

 Saturated Fat 2g□
 10%

 Cholesterol 65mg□
 22%

 Sodium 430mg□
 18%

 Total Carbohydrate 0g□
 0%

Protein 20g
Iron 6%

Not a significant source of trans fat, dietary fiber, sugars, vitamin A, vitamin C and calcium.

* Percent Daily Values are based on a 2,000 calorie diet.

NET WEIGHT 14 OZ. (399g)